

Cross Country



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Thanksgiving DIY



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the TRIUMPH

NOVEMBER 10, 2017

Conroe High School

3200 West Davis
Conroe, TX 77304

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Margaret Gill Reporter

Many clubs and organizations are all about giving back to the community whenever it comes to the holiday season.

Many programs volunteer their time, donate items, or make sentimental gifts to give back to people both inside and outside of the school.

The Leo Club is a community service organization in conjunction with Conroe Noon Lions Club.

They are a group of students that carry out many service projects throughout the year for the surrounding communities.

With Thanksgiving just right around the corner, Leo Club has a couple of things planned out already.

“We are planning to make baskets for the janitors for Thanksgiving,” Leo Club member **Danielle Quinlin** said.

Along with the Leo Club, Interact is also very involved with the school and the community.

“Interact club finds various ways to give back to our community and also rewards students with community

A SEASON OF GIVING

service hours,” Galo Pena said.

The Interact Club currently does not have anything

Student Council is an organization where students are given the chance to give back, which then gives

before Christmas.

Art Club also persistently gives back to the community every chance they get. They

love being able to share their art with people to brighten their spirits.

“The purpose of Art Club is to have a place where any student, whether they are in art or not, can be involved in arts and crafts and helping out the community,” sponsor Ms. **Kristine Canestorp** said.

NHS is helping out the community this month at the BB Rice’s Family Game Night tonight, and also at the Woodland’s Children’s Festival at The Cynthia Woods Mitchell Pavilion this weekend.

“The purpose of NHS is to create an enthusiasm for scholarship, to stimulate a desire, to render service, to promote

worthy leadership and to encourage the development of character of students,” sponsor Ms. **Katherine Bryant** said.

Whether it was helping out actively in the community or on their home turf, many organizations took it upon themselves to help others in the season of giving.



Leo Club painted pumpkins with children and senior citizens.



Interact Club hosted a booth at Kidsfest in downtown Conroe.



Art Club celebrated Halloween during a party after school.



Student Council attended local convention in Houston.

planned specifically for Thanksgiving, but they will be volunteering at a women’s shelter and providing them with the services they normally receive on any normal part of the year.

Another organization in the school that is very active in the community is Student Council.

students the opportunity to develop leadership and service skills.

“In November we are doing a Tiger Den decoration and putting together a dinner for the teachers,” **Rigo Gonzalez** said.

They are also in charge of the Salvation Army angel tree program every year

Rose Vazquez
Reporter

Love means nothing



Warming up before a match, **Avery Pennington** hits the ball back to his opponent.



Playing in a doubles match, **Julie Zhang** and **Anna Hartmann** are up to serve.

While maybe not as common as other school sports, tennis is widely played around the United States and other countries.

Most of the varsity players grew up playing tennis and others were simply born for the game.

“I started playing when I was younger because I had friends who played and since then I began to love the sport,” **Victoria Moreno-Gama** said.

Other players chose to play to be active in school and to be a part of the school’s athletic program.

“I played tennis to be more active in the school and to have fun playing against other schools,” junior **Anna Hartmann** said.

Every year there’s different seasons to play tennis and each teammate has their own favorite season.

“The best time to play tennis would be over the summer because you get to participate in a lot of summer tournaments and you’re able to have the most time to practice your skills,” senior **Daniel Green** said.

Matches are played singles, doubles or mixed doubles and players typically prefer one or the other.

“I prefer singles because I feel like I have more control and it becomes a more personal competition with your opponents,” Moreno-Gama said.

Others prefer doubles.

“I like doubles because of the chemistry between you and your partner and how we both have to work together to win the match,” junior **Avery Pennington** said.

Reflecting on matches is much like watching film for football; the athletes need to know what to improve upon or what to keep the same going into the next match.

“I definitely look back at my lost games because I can think of what I could have done better,” Green said. “And it motivates me to do better in the next game.”

Some people prefer to reflect on their wins to keep that momentum going.

“I learn mostly from my wins because then I know if I’m doing something right or if I have to improve my skills,” junior **Caroline Hartmann** said.

As tennis wraps up their fall season, they look forward to making improvements in the spring.

Alecia Odom
Secretary

RUNNING FOR GLORY

Cross Country just finished off another great season.

The meets that they ran in were very competitive but they had at least 10 runners in a top ten place at some point during the year, and they also all improved their personal best times.

“All of our runners always improve their time by 30 seconds to a minute total,” **Shannan Ogden** said.

Before every meet the athletes mentally prepared themselves for the race.

“The meets are always really intense because you have to get your mindset right,” **Wilmer Zamora** said.

Zamora’s best time was 18 minutes for a 5K and he motivated himself throughout the race.

“I stay motivated to run even when I don’t want to by reminding myself that losing is not an option,” Zamora said.

Some athletes talked to themselves while running to

help keep them going.

“I motivate myself to run by thinking ‘just don’t stop running,’” **Hannah Pepper** said.

Alex Martinez felt nervous before every race even though he enjoyed the sport.

“The meets are always lighthearted but at the same time unnerving,” Martinez said. “To keep myself motivated to run I just think ‘the faster you run the faster you’re done.’”

Gavin Cortes strived to beat his personal best record every chance he could.

“At meets I feel anxious and excited, but I’m always ready to get it over with,” Cortes said. “I keep myself motivated to run by remembering what my coach always says ‘go get that paper,’ which he means get a scholarship,” Cortes said.

Cross Country remained motivated throughout the entire season hoping to reach their full potential, and focused on their future in the sport.



Kaytee Jarvis
Reporter

A Record-Breaking Year



The team posed for a picture on the way to the Klein Collins meet.



Bradford King competes in a relay race at the Klein Collins meet.



Reagan Hinze dives at the Klein Collins meet where she broke a pool record.

On November 17, the swim team will be competing in the Texas Interscholastic Swim Coaches Association - or the TISCAs. They will go up against other schools in the district in a day-long competition and hopes are high for the competitors.

"I'm pretty confident that we will do well," senior **Jarod McCauley** said. "You always have to go to a meet with confidence so you perform well."

Losing several key seniors from last year seems to have not affected the team's performance in a negative way.

"You gain some people, you lose some people; it all depends on the people that come in and the people that left the team," McCauley said.

Not to say the loss has positively impacted the team either.

"At the beginning everybody was kind of sad, but we've had the incoming freshman and we have helped them up, and I feel like it's going to grow from here," junior **Reagan Hinze** said.

The team started off their season strong with the girl's team winning every meet and the boys only losing one.

On October 9th the team travelled to Klein Oak where Hinze set a pool

record at the Klein Collins pool for her combined total score of 6 dives.

And on October 26, McCauley also set a pool record with a time of 52 seconds in the 100 back.

With records set at the TISCAs in the past, the team's main goal is setting more next weekend.

"Last year we broke a record, this year's seniors did, so we are trying to break another one," team captain and senior **Samantha Garcia** said.

With an upcoming holiday the team will have a few days of rest instead of practice days, which will be good for the team.

"It's nice to start out and work really hard, and then take a few off and taper down," junior **David Feder** said. "It feels a lot better."

The team will be going to the TISCA meet with rested minds and confident attitudes.

"We have a lot of experienced swimmers who have been swimming for many years and it's pretty good," Feder said. "Everyone has really come together and it's a huge team thing."

With the competition quickly approaching, supporting each other is really important to the team in order to finishing the season off strong.

Caleb Gaddis
Reporter

Conroe's Got Talent

The debate program is having its annual Talent Show on Wednesday, November 15 at 7:00 pm. This year the group hopes to wow the crowd with even more unique talents than the show has seen before.

"I have been a performer my whole life," junior **Alexis Simmons** said.

The confidence of the participants waver about winning.

"I am one of the few people not singing so I think I have a pretty good chance of winning it," junior **Trey Stanford** said.

Other contestants simply want to show off their talents and not stress about the competition.

"My confidence levels are not very high; I am just there to sing," junior **Anzleigh Thomas** said. "I don't really care about winning."

There are a couple of reasons the participants feel these ways about their chances of winning.

"I'm not sure what the other participants will show up with," junior **Titus Martinez** said. "Some of them might be pretty good, some of them might not, I just want to let it

surprise me."

The participants have opinions on their talents

"I feel decent about it, I know that there are a lot of people better than me but i'm multi-talented so I'm not too worried about it," Simmons said.

Others have a different opinion on their talents from optimistic to not so much.

"Sometimes I feel like I'm well at it but other times not so much," Thomas said.

When it comes to nerves the participants don't seem to be worried about it.

"I'm a little bit nervous but that nervousness helps me perform better," Martinez said.

There are very different and unique talents coming to the show this year, and some of them aim to shock the crowd.

"I'm doing a tae-kwon-do routine for the show," Stanford said.

Come out to the Talent Show on November 15 to support your classmates and see the exciting performances of the year.



Samantha Baril prepares to be filmed for the Talent Show audition tapes.



Mr. Robert Munoz helps debate students setup the camera to record the Talent Show contestants.

David Faul
Reporter

MORE OPTIONS FOR STUDENTS

There are several new and improved clubs this year that students are encouraged to become a part of, such as; Mariachi Band Club, Crew and Chess Club.

A fresh new club this year is the Mariachi Band and Assistant Principal, Mr. **Cesar Condarco**, is in charge of it.

“Dr. Weatherly has always wanted to start a mariachi band here at school, and I told him I would help him get it started,” Condarco said.

The Mariachi Band Club hopes to gather enough people and eventually compete in UIL competitions later this year.

One club that is not new to the school but is very different this year is Crew. Formerly known as ‘Boys Dance Crew,’ this year a few girls petitioned to allow all genders join.

“Last year the crew decided to let girls join because dance is for everyone and has no gender boundaries,” senior **Bryan Camacho Ramirez** said.

Chess club is completely new this year. Students who joined enjoy enhancing their critical thinking skills and have generally played in the past and are familiar with the game.

“I always liked chess,” senior **Justin Durham** said. “I was in chess at my last school too.”

Chess is a higher level thinking game and many players thrive off of the strategic mindset needed to win.

“I joined this club because I like dealing with things that involve strategy,” senior **Joshua Madera** said.

Members are hoping to host friendly competitions throughout the year and eventually compete against other schools.

“We have a tournament right now to see where our skills are placed,” Durham said.

By adding more clubs to already established ones, they allow for more student involvement throughout the campus.



Chess club focused on multiple games after school.



Crew performed at the last pep rally for decade day.

Rigo Gonzalez
Assistant Editor

Pep Rally Recap



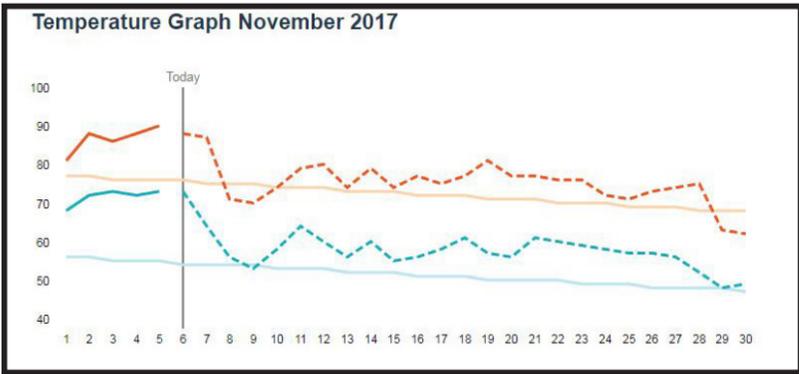
Arely Hernandez
Reporter

IN CASE YOU DIDN'T KNOW...

At least 26 people were killed in Sunday's church shooting in Sutherland Springs, Texas. About 20 others were wounded.



The Houston Astros are the 2017 World Series champions after game 7 win over the LA Dodgers. It's the first world championship for the Astros' franchise.



Texas weather this November looks like it will be at an all-time high with everyday in November being in the 70's except for two days being a little below 65. Texas is expecting to end 2017 in a hotter than usual climate.



Selena Gomez and Justin Bieber were spotted at Hillsong Church in Los Angeles several times over the weekend. A source close to the "Sorry" singer previously told PEOPLE that he is waiting for Gomez to tell them when they're officially back together — but he knows he still has to win over her family.

Arely Hernandez
Reporter

I AM THANKFUL FOR...

Freshmen students explained what they are thankful for this year.



"I am excited to see my family and spend time with them."
-Alexa Alanis



"I am thankful for my parents for being so supportive."
-Shara Parks



"I'm going out with my family and enjoy the food from my culture that will be cooked."
-Daniel Ruiz



"Members of my family come from different parts of the U.S to eat."
-Grace Glaudy



"I am thankful that I can be able to have dinner with my whole family."
-Helio Hernandez



"I'm grateful for being part of two different cultures because of the foods and traditions."
-Abigail Hinojosa



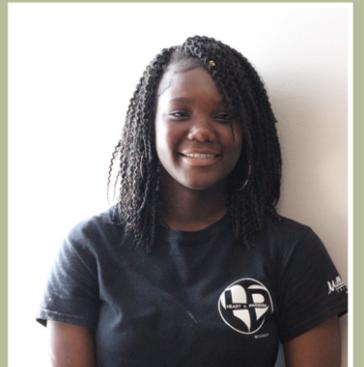
"For thanksgiving we go out to tropical vacations and I get to spend time with my mom."
-Bianca Koch



"Its a day to give thanks and be with your family."
-Aaliyah McCollum



"I am thankful for my family and friends."
-Angel Martinez



"I am excited for the food and that I get to spend the day with my family."
-Princella Kusi

Jessy Ramos
Reporter

DIY

THANKSGIVING SNACK MIX

Ingredients/Supplies

- Bugles brand chips
- Classic knot mini pretzels
- Candy corn
- Nuts or popcorn
- Dried fruit (raisins, cranberries, etc.)
- Nestle mini morsels (chocolate chips)
- Fall color cardstock
- Any color yarn
- Clear baggies or mason jar(s)

Directions:

1. Mix bugle chips, mini pretzels, candy corn, your choice of nuts or popcorn, dried fruit, and chocolate chips. Add as much or as little of each item to the mix.
2. Add the already mixed snack into your choice of clear baggies or mason jar(s).
3. Make a tag of your preference with the different color cardstock and write the list of ingredients on the back of the card stock.
4. Wrap the tags with the yarn around the snack baggies or mason jar(s).
5. Enjoy or gift them to your loved ones.



VETERAN'S DAY CEREMONY

Friday, November 10
Woodforest Stadium
10:00 - 11:00 AM



CHS Golden Girls

Winter Workshop 2017

Please be our guest this holiday season!
Join the Golden Girls at their Winter Dance Workshop,
Saturday December 2, 2017 at Conroe High School.
For Pre-K through 6th grade



Registration: 8:30 – 9:00 am Conroe High School Main Foyer
Instruction: 9:00 am (Perfect time to leave your littles and go Christmas shopping)
Public Performance: 2:00 – 2:30 pm

Cost: \$30.00 donation if registered and paid online by November 27, 2017 at www.chsgoldengirls.com
\$35 for paper registrations and registrations received after November 27th.

Donation includes lunch, T-shirt, snacks/treats, dance instruction, make-up application, lots of fun & surprises, and a visit from "a very special guest"!

Attire: Dance clothes or comfy shorts/shirts; hair pulled back. No jewelry or valuables, please. Label everything!



Questions? Call 936.709.5713.
Or email: chsggsecretary@gmail.com



CHS Golden Girls Winter Workshop Application

Student's Name: _____ Grade: _____ School: _____
Parent/Guardian's name: _____ Phone #: _____
Home Mailing Address: _____ Email Address: _____
T-shirt size (circle one): Child: S M L XL Adult: S M L XL Check #/Cash: _____

RELEASE STATEMENT

The student listed above has my permission to attend the Golden Girls Winter Workshop on December 2, 2017 at Conroe High School. I release Conroe ISD, its employees, the Conroe Golden Girls/Golden Girls Booster Club, and the directors, from all responsibility for personal belongings or any injury incurred by participants in this event. If a medical emergency occurs and I cannot be contacted, I give my permission for emergency medical care to be given to my child.

Emergency contact _____ Phone # _____
Family Physician and phone # _____
Parent/Guardian signature _____ Date _____

We hope to see you there!

WE SUPPORT THE



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CONROE TIGERS!



November 15, 2017 @ 7PM

CHS Auditorium \$5

Doors open at 6PM



Conroe's Got Talent



CONROE HIGH HOLIDAY MARKET

VENDORS NEEDED

Saturday, Dec. 2nd ✨ 8:00am-2:00pm

Call (936) 709-5893 for more info.



DOING THE MOST GOOD



It's that time again for the Salvation's Army adopt-a-child program. CHS/CHS is getting 75 children to help out this Christmas season. Will you help?

What is this you ask? The adopt-a-child program provides Christmas gifts for disadvantaged children in our community.

